



Abe Welcomes New Chaplain On Board

By MC1 JEANNETTE BOWLES
Penny Press staff

In a time of crisis or a time of peace, the Navy's Command Chaplains are there to guide Sailors through their daily life. The chaplains offer advice, comfort, and spirituality. One of the many new faces on board USS Abraham Lincoln (CVN 72) belongs to such a person. He is Cmdr. John Swanson, Lincoln's new Command Chaplain.

Swanson, who has been in the Navy 16 years, came to Lincoln from U.S. Coast Guard District 13 in Seattle, Wash. As the district chaplain he served Washington, Oregon, Montana, and Idaho.

Swanson said he came into the Navy in 1991 just after the Gulf War.

"I actually applied as the war started but it was all over by the time I came in," Swanson said. "I was a civilian pastor for seven years before that. I'm a Lutheran chaplain. I had two different Lutheran parishes in North Dakota and Illinois."

Swanson said he grew up in Stanwood, Wash., where his dad served as an inspiration in his life.

"My dad was a Chief in the Navy -- a Boatswain's Mate Chief in World War II so that's what kind of motivated me," Swanson said.

Swanson, who is an ordained minister, said he never considered becoming a Navy chaplain even when he was going to seminary school. It wasn't until he'd been ministering for five years at his parish that he made the decision.

"I met another pastor who was a (Navy Reserve) chaplain and that's how I got interested," Swanson said. "That was my original intention actually. I was going to come in and be a Reserve chaplain. That's



Photo By MC1 Jeannette Bowles

Cmdr. John Swanson joins the crew of USS Abraham Lincoln (CVN 72) as the Command Chaplain.

what I signed up for."

Swanson said he went down to his local reserve station and was told that the Navy wasn't taking Reserve chaplains at that time. They offered to let him come in on active duty and after some thought, Swanson said he decided to go that route.

In addition to serving with the Coast Guard, Swanson has served

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Lincoln Sailors Pump Iron in Fourth Deck Gym

By MC3 BRAD WAGES
Penny Press staff

In the recently reopened fourth deck gym, USS Abraham Lincoln (CVN 72) crewmembers will find brand new, state-of-the-art exercise equipment. And when the full complement of equipment is installed in the next few weeks, the gym will have everything

necessary for a complete strength building workout.

According to Chief Personnel Specialist Brian Luckett, MWR's leading chief petty officer, the fourth deck free-weight gym is unique on Lincoln.

"It's the only gym on the ship geared towards strength training," Luckett said. "The other gyms focus on cardio or toning."

Luckett said Lincoln's crew has been eagerly anticipating the reopening of the gym for some time.

"I've gotten quite a few calls and emails. Sometimes up to three a day," Luckett said. "Everyone's been asking-Air, Engineering, Operations. They have all been wanting to know when it

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CHAPLAIN

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on board USS Juneau (LPD 10), ministered at Naval Special Warfare Center in Coronado, Calif., and served with the Marine Corps as both a battalion chaplain and a regimental chaplain to the 1st Marine Division at Camp Pendleton, Calif., among other duty stations.

Now, he's looking forward to serving with Lincoln and her crew.

"This is my first choice, to come here," Swanson said. "I really wanted to come here. I've never been on a carrier before. It's a little overwhelming."

Swanson said during the next two years he'll be on board, he wants to make Lincoln's Religious Ministries Department (RMD) the truly best RMD in the fleet.

"I think we have a lot to offer," Swanson said. "Currently we have a lot of great programs, not just worship. I want to expand our program, make it more inclusive, more encompassing. I want to expand so that it's meeting all the needs of our folks as much as possible."

In addition to what RMD offers now, Swanson said he'd like to offer several new programs including pre-marriage education and marriage workshops.

"I've been married almost 30 years," Swanson said. "Marriage is a big emphasis for me because I know it's difficult."

Swanson said the Navy has a very high divorce rate, especially in an operational unit like Lincoln, so he plans to offer a class for single Sailors who are considering getting married.

"The bottom line is if people can make good choices before they get married, their marriage has a greater chance of success," Swanson said.

Swanson said RMD is also going to try and put on its own marriage workshops while Lincoln is in port for those Sailors who want to enrich their marriage.

Another idea Swanson said he has is based off a program currently offered on USS Ronald Reagan (CVN 76) called "About Face."

"It's basically motivational-type classes and what Sailors need to do to be a peak performer," Swanson said. "One of the key things about their program that I think is inter-

esting and I'd like to duplicate is the people who teach the classes have to have been in trouble themselves. I think that makes it a little more interesting."

Swanson said he'd also like to offer some different kinds of worship services to help cover the needs of all Sailors on board.

"That's mainly why we have chaplains in the Navy," Swanson said. "Not just to provide worship services for our own religious faith groups but to help facilitate for faith groups that are different from us. Whether people are religious or not, our job is to care for everybody."

"We have a pretty comprehensive lay reader program so we have a lot of different faith groups that are led by lay readers, including a pagan group on board," Swanson continued. "That's fine. America is about freedom of religion and that's why we're here. We're here to help facilitate that so people can express their religious beliefs and have that freedom of worship."

Swanson said part of his job also includes working with the Ombudsman program and advising the command in terms of the religious program, the religious needs of the crew, and the crew's morale.

"Interestingly, some of the most important ministry that we do as chaplains isn't in our office," Swanson said. "A lot of the really meaningful ministry that we do is done on the deck plates, conversations we have with people while they're out doing their job. That's where a lot of the important conversations happen. I enjoy doing that. It's a great time walking around, talking to Sailors. That's usually when they're going to ask questions too. If we wait for them to come to us we probably wouldn't see 99 percent of the crew. We have to be out and about."

Another part of his ministry to the crew is the evening prayer that is done just before taps.

"Evening prayer is really a key, important tradition," Swanson said. "We've been doing evening prayer on ships for a long, long time. And that really is a special moment for a lot of people. Some people could care less, but for a lot of people evening prayer is kind of a very special time. They listen closely."

"There's one thing about going to sea, it

can be a very spiritual time for people," Swanson continued. "It's a time when faith is awakened, faith can be strengthened even though it's a trying time being away from family and friends. You start to ask the 'big' questions: Why am I here, what's my purpose in life?"

Swanson said he credits his team; Chaplain Michael Green, Chief Religious Program Specialist Ronald Roberts, Religious Program Specialist 1st Class Donnell Stephens, Religious Program Specialist 3rd Michael Jordan, Religious Program Specialist 3rd Class Brandon Anderson, and Religious Program Specialist 3rd Class Sean Schreiber with the success of the RMD program to date.

One area they need help in though is the library, according to Swanson.

"We're looking for help in the library," Swanson said. "So if people want to come in and help man the library we certainly would entertain that. We'd like to keep it open 24 hours. With some key volunteer help we can maybe extend our hours."

In his off time, Swanson said he likes to hike, camp, and cross-country ski. His real passion, however, is rugby.

"I first started playing rugby with the Marines," Swanson said. "We're going to have a rugby team on board if I have anything to say about it. I know MWR has rugby gear on board."

Swanson said he's looking forward to his tour with Lincoln and the crew.

"I'm just really glad to be here, I'm proud to be here," Swanson said. "I sense that the spirit of Lincoln is vast and quickly improving. Morale is up and it's continuing to go up. We're writing a new chapter. I think it's going to be a fun tour."

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Local Stories



Electronics Technician 3rd Class Michael Lucas works out using the free weights in USS Abraham Lincoln's (CVN 72) newly updated fourth deck gym. Abe's MWR installed brand new, state-of-the-art equipment in Lincoln's only strength training gym, which was recently reopened for the crew.

Photo by MC3 Bradley Wages

GYM

Continued from page 1

would open back up.”

The fourth deck gym offers several weight benches, dumbbells, and a full barbell set, from five up to 100 pounds.

“Having the fourth deck gym open again is a good thing for the crew,” Luckett said. “It gives people something to do. It allows them to maintain their level of strength and it’s also good stress relief.”

Luckett said the strength gym is open 24 hours when Lincoln is underway, and is closed in port. Underway, there are posted “khaki hours” when the gym is only open to E-7 and above. Khaki hours for the fourth deck gym are from 5 to 7 p.m.

Luckett said the fourth deck gym may even host strength competitions in coming months.

“Weight lifting competitions are something that MWR is looking into,” Luckett said. “That may happen in the near future.”

Lincoln Sailor Continues to Rock the Boat on Immigration

By MC2 M. JEREMIE YODER
Penny Press Staff

Last week, we began talking about the issue of illegal immigration. We only scratched the surface of the subject, but I wanted to be sure to get a number of things out on the table before really attempting to engage the issue with you.

This week I want to look more closely at the historical precedent of illegal immigration in our country and see if we can collectively define just what illegal immigration actually is.

From the onset of our country’s documented history, we have been a people who have immigrated. The first successful recorded colony in the United States was the English colony in Jamestown, Va. in 1607. In 1620, just over a decade later, more English settlers arrived, this time in much larger numbers, near Plymouth, Mass. Soon thereafter many other settlers from other Western European countries began to settle in and around Boston, Mass. and New York.

From the historical records available, these earliest settlers, similar to their counterparts today, came to what is now the United States to pursue a life free (or

more free) from oppression—a life rife with opportunities they were unable to pursue or pursue to the same extent as others in their country of origin.

In those early days of our country’s history, even before we were a country, the presence of these settlers was largely unwelcome, similar in some respects to the situation in which we collectively find ourselves today.

There are a number of differences that distinguish the nature of illegal immigration then when compared to now, but the act and motivation are virtually identical when closely examined. The differences are less in fact and more in who is writing those facts. By this I mean that our forefathers arriving in America were no more in the “right” legally then, than illegal immigrants are in the “right” legally today, and while that reality does not address in any way the moral “right” of either party, it does create a valuable baseline from which to proceed.

To precede for now with the legal aspect of the matter, to occupy and take residence in the country or property of another without the express permission of that property’s owner is, legally wrong. This may be difficult for some to concede, but

the issue is easily seen if we remove, for the sake of argument, the moral aspects that are inherently associated with the topic today.

To paint a similar situation more starkly, what if you (or I for that matter) owned a piece of real estate on which you lived only to discover that a neighbor (regardless of his or her reason) had decided to move, along with his or her family, onto your property and set up house. If your neighbor were to do this, whether or not you had a barbed-wire fence in place to keep your neighbor out or whether you had signs posted saying “no trespassing” would be immaterial and outside any argument regarding the legality of their action.

If we then say that an illegal immigrant is an illegal immigrant regardless of the historical era in which they arrive, what then really is the substantive difference between the situation in which we find ourselves today and the situation our forefathers engaged several centuries ago?

The most readily available answer to this question of difference is wrapped in the subject of organized government

Turn to IMMIGRATION, Page 5

Local Stories

FCA's Board of Governors to Hold Elections

By MC1 PATRICK SULLIVAN
Penny Press staff

Changes are coming to the USS Abraham Lincoln (CVN 72) First Class Association (FCA). This August, the FCA will be holding annual elections that will decide the chain of command for the FCA for the year to come.

Elections will be held and nominees will be announced shortly after the Chief Petty Officer selection board results are released.

FCA members can be nominated for up to eight officer positions, including president, vice-president, secretary, and treasurer. Intelligence Specialist 1st Class Jeremy Heyer has been the FCA President for the past year and has seen many changes under his tenure.

Heyer started out as the FCA master-at-arms two years ago, and was elected president last August. "It's a great opportunity to step up and make a difference in the command," Heyer said.

Members may also be nominated for the position of Board of Governors for their respective departments. The board is responsible for reviewing and changing any bylaws within the First Class Mess. All nominees must be members in good standing for six months, with at least another six months remaining on board.

What can Sailors expect as an officer in the First Class Asso-

ciation?

"Having served as master-at-arms for a short time, I can only say it has strengthened my networks with my fellow Firsts," said Hospital Corpsman 1st Class Trent Sickles. "I enjoy the camaraderie and I really appreciate the active members who roll their sleeves up and get involved. I like it when we are seen as a ways and means to get things done at this command."

Personnel Specialist 1st Class Gail Hill summarized her experience as the FCA secretary by emphasizing how the FCA gives back to the crew.

"We are trying to incorporate some changes such as the dual warfare coin and recognition from the FCA to those who become dual qualified while stationed on board," Hill said.

Most FCA officers and Board of Governors members will agree that it is a challenge sometimes to make time for the scheduled meetings, but all officers are always there to fill in when needed.



MWR introduces Lincoln's all new Oceanside Gym

Starboard side, 01-190-00-S, directly above starboard chow line and next to Deck House 3

Do not bring anything that can fly away and become FOD, and remember to bring a full sized towel.



July 21, 1823 - After a pirate attack on shipping, Lt. David G. Farragut leads landing party to destroy pirate stronghold in Cuba.

July 21, 1944 - Invasion of Guam by U.S. forces begins.

July 21, 1946 - In first U.S. test of adaptability of jet aircraft to shipboard operations, XFD-1 Phantom makes landings and takeoffs without catapults from Franklin D. Roosevelt.

Local Stories

Movie Review *By MGSN Joseph Scarberry*

With 300 Spartans at odds with the army of the Persian God-King Xerxes (Rodrigo Santoro), King Leonidas (Gerard Butler) leads his soldiers to the Hot Gates to begin the fiercest battle Greece has ever seen.

Based on the comics of Frank Miller ("Sin City"), "300" displays to its viewers the brutal warrior culture of the Spartans. Despite a few minor historical inaccuracies, the movie puts you in the fray without making you nauseated with a shaky camera.

The movie was highlighted by half-nude warriors with spears, swords and shields who had the desire to use at least two of those to kill their enemies in the Persian army. The Persians themselves had a massive army of slaves, fearful beasts and their elite military unit of Immortals as well, but is that really enough to defeat Spartans with the defense of their home weighing in the back of their minds?

With a twist and betrayal at the end that was foreseeable from the start, the story is none the less impressive



playing often for the next few weeks.

and beautiful. Not one single spoken word is wasted during the film.

Gerard Butler, Lena Headey (Queen Gorgo), and the rest of the cast showed us believable and impressive performances while showing us the politics, culture, and war of a society long gone.

The historical inaccuracies have been mentioned by critics to include a modified style of combat used to make it look "cooler." No one should have complained too much, considering, once again, that the film is based on a comic book, not fact and history.

Overall, "300" was brilliant. Superb acting, bloody combat and a plethora of Persians and Spartans erasing each other from the pages of the history books all added up to what made one of the best movies that has come out this year.

Check it out on Lincoln's movie channels 6, 7 and 8 where it'll be

IMMIGRATION *Continued from page 3*

and power.

In the early 1600's there was no "collective awareness" that the settlers (among the Native Americans or the colonists) would forever change the face of the America. Furthermore, the Native Americans were not organized in such a way as to collectively address their new neighbors or the impact of those new. In simpler terms, the Native Americans had neither the power nor the organization to affectively prevent the repeated efforts of Western European colonists to settle further and further, with ever-burgeoning numbers, into this country. As such, because you and I are the product of those first settlers and the country that we have become since, the actions of our ancestors, while perhaps not condoned,

are generally considered the necessary sacrifice for our present "greatness."

Today, those who are the descendents of original "illegal immigrants" are now in positions of power—the decision-making positions, and are writing the laws about this issue of illegal immigration as well as many other issues. Furthermore, these same people are also in a position to organize the country's resources and enforce the country's laws in opposition to today's illegal immigrants, and while some would argue that ability, I assert it only insofar as to say that their ability to organize and enforce is greater than that of their Native American predecessors. Of course the issue becomes increasingly convoluted today as you consider the issues of terrorism and of limited accountability that arise with illegal immigration, and while these issues were confronted by

the Native Americans as well, these issues were, by virtue of their time, different in scope and expression.

The moral issue surrounding illegal immigration is of course an entirely different piece of pie, and due to the space constraints of this article I will make an effort to address that topic next week.

Thank you for spending the time to again talk about this subject. I look forward to your responses and regret my inability to address all of the issues that each of your e-mails brought to light. Please do however, continue to write me. If you are inclined to write, please focus the majority of your efforts on the subject of the morality of illegal immigration both past and present. Is the moral nature of the situation different today than it was then? I look forward to what you have to say.

Arts & Entertainment

Music Review *By MCSN Timothy Roache*

Whole Wheat Bread - Minority Rules

Punk took a completely different form in the 80s when the Bad Brains, the first all African American punk band, came out. Whole Wheat Bread follows in the same light, but instead of reggae, they fuse in mock rap. The album seems really simple and clean cut, however the lyrics present things that are not so clean.

Clinic - Visitations

There's something about a few guys running around in surgeon uniforms that's just cool. The first time I listened to this album I had no idea what was going on. I kept listening to this album, every time I do I enjoy it more and more, but I still have no idea what's going on. Everything about these guys sounds so original. Even though I can't wrap my mind completely around what's going on, I'm going to continue picking up their albums just so I can hear something different.

Saetia - A Retrospective

MTV and the rest of pop culture are now determining what genre of music is what. Hawthorne Heights is considered "screamo." I've listened to them before, and they are pretty weak to be put into the screamo genre. For screamo, try Saetia's "A Retrospective." This album defines the genre that Hawthorne Heights and Silverstein should not be in. If you want

to know the roots of emo and screamo this is one band you really have to check out.

Comeback Kid - Wake the Dead

LPO or LCPO getting you down? Just throw this album in. The first track, "False Idols Fall" opens up this hardcore album; talking about how everyone is still a person, and no one is truly better than anyone. This album is a non-stop, heart-pounding energy that will make you wish that your work center was a moshpit. Comeback Kid is a complete opposite from normal hardcore by giving a positive message with their lyrics and welcoming a nice sing along at their shows.

Gym Class Heroes - The Papercut Chronicles

This band has been getting a lot of attention lately since the video for "Cupid's Chokehold" came out. Thing is the Papercut Chronicles was produced in 2005. Another reason for this band blowing up is label (Fueled By Ramen) mate Fall Out Boy. The Papercut Chronicles is an amazing album. Travis (the lead singer) raps with a full band. Travis raps about everyday life, not the stereotypical women, money, and useless SUVs. It's obvious that the Gym Class Heroes take music as a serious art form, especially with a song entitled, "To Bob Ross With Love."

Cuz we can't get enough of reviews

Book Review

By MCSN Kathleen Corona

The Perks of Being a Wallflower – Stephen Chobsky

The Perks of Being a Wallflower is often hailed as this generation's *Catcher in the Rye*.

"I'm writing to you because she said you listen and understand and didn't try to sleep with that person at that party even though you could have. Please don't try to figure out who she is because then you might figure out who I am and I really don't want you to do that," begins the series of letters Charlie, the narrator, sends to an anonymous "Friend."

Set during Charlie's freshman year of high school in 1991, *Perks* follows the story of a shy, emotional boy.

The novel touches on many different topics that most high school students go through. From teenage sexuality to alcohol and drug use and even rape and molestation, Charlie charges head on through the slippery slope of teenage awkwardness.

It's not a straight forward book and it's really not predictable. Charlie's letters to his "Friend" are relatable to anyone.

The Screwtape Letters – C.S. Lewis

Written by C.S. Lewis, most notably known for penning *The Chronicles of Narnia*, *The Screwtape Letters* was first published in 1942.

The story is in the form of a series of letters from a senior devil, Screwtape, to his nephew, Wormwood, a junior tempter. Screwtape is attempting to advise his nephew on methods of securing the damnation of an ordinary English man.

I'm normally not a big fan of any novels that touch on religion, but something about this book made me pick it up and read it.

It wasn't a quick read for me like most books are. I actually could only read six or seven pages a night before I found my attention wandering, but I kept at it and was able to finish the book.

It's actually quite an interesting book. Screwtape's observations on human nature are thought provoking. Even the non-religious types can enjoy this book. It touches more on the mundane aspects of life more than on any doctrine of faith.

Don't expect an easy read from *The Screwtape Letters*. Much like other books of the era by British authors, it tends to meander through sentences lacking the punctuation needed for a mental break. Throughout the novel I found myself wishing for a dictionary to look up the meanings of some of the words, as they are words not used often outside of the SAT's or college English classes.

Arts & Entertainment



The Michael Vick saga continues to digress as new information and details emerge from his alleged illegal competitive dogfighting ring. The future looks bleak for the superstar and former #1 overall NFL draft pick. Vick was indicted Tuesday by a federal grand jury on charges related to illegal dogfighting. The dogfighting operation was named "Bad Newz Kennels," according to the indictment, and the dogs were housed, trained and fought at a Surry County, Va., property owned by Vick.

The indictment alleges that the 27-year-old Vick and his co-defendants began a grisly dogfighting operation in early 2001 in which dogs fought to the death — or close. Losing dogs were sometimes killed by electrocution, drowning, hanging or gunshots. If convicted, Vick and the others — Purnell A. Peace, Quanis L. Phillips and Tony Taylor — could face up to six years in prison, \$350,000 in fines and restitution.

Vick won't be on the field when the Atlanta Falcons open training camp next Thursday. He'll be in a federal courtroom. What happens after that is anyone's guess. I'm sure there's no shortage of opinions. Suspend him. Cut him. Let him play until he's proven guilty of felony charges that he sponsored a gruesome dog fighting operation. For the time being, that's what the NFL intends to do with the star quarterback- let him play.

After 11 stages, Denmark's Michael Rasmussen leads the Tour de France by 2:35 over Alejandro Valverde. The tour is in the medium sized mountains currently, taking riders on a 110.9 mile jaunt from Montpellier to Castres, a stage likely to favor breakaway riders, before the big finish on July 29 at the Champs-Elysees in Paris.

Carnoustie, Scotland, home of the 2007 British Open, should be Tiger Woods' time to shine. The course has been lengthened,

fairways widened, and rough trimmed, resulting in a bomber's paradise. Woods sank a 90-foot birdie putt Thursday at damp, chilly Carnoustie on his way to a 2-under-par 69, putting himself solidly in contention for his third straight British Open championship.

Days after the Philadelphia Phillies center fielder Aaron Rowand choked at the All-Star Game, the Phillies became the first American pro sports franchise in history to lose 10,000 games, only to turn around and have a 26 hit, 15 run rout of the L.A. Dodgers.

Without ever logging a single minute on an NBA court, Sonics Forward Kevin Durant becomes a multi-millionaire thanks to a shoe company. A \$70 million offer from Adidas was declined by Durant, in order to strike it rich with Nike who will pay him \$60 million during a six year contract.

CS3 Talks About Favorite Foods, Which Knives to Get

By CS3 RYAN P. ANDERSON

Penny Press Cooking Correspondent

CS3, I know that everybody has a favorite type of food; I was just wondering, what is your favorite type of food to make and is it also your favorite to eat?

Actually, to answer your question, they are not the same. My favorite type of food to eat is Italian. I love lasagna. My favorite type of food to make is Mexican. I suppose the reason is because it reminds me of when I used to get to cook with my grandmother (who is straight from Mexico). When you are making tortillas, for instance, you get very involved in the process. You get to work with your hands a lot, kneading the mixture into just the right consistency and so forth. You also get to combine many ingredients into different recipes. You also get to invent your own. It is always changing and always new. It is fun for me.

Hey there CS3, I was thinking about buying a new set of kitchen knives for my new house. Do you have any

suggestions as to which brands I should look at?

Well, of course I have suggestions, but as I have said before, they are just my opinion. I will, however give you my top three favorite brands. Kershaw Kai Pure Komachi Series, which are extremely durable, multicolored (easier to find the one you need in a hurry) and highly fashionable, are good for impressing the neighbors and getting the job done. The Victorinox set is again highly durable and very diverse. There is nothing you can't do in the kitchen with this most impressive display. The ever popular Ginsu set. They are widely used and very well made. This set will make a perfect addition to your kitchen.

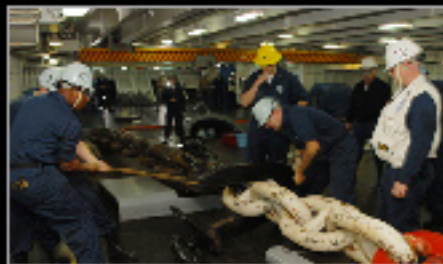
ASK A COOK!

Do you have questions regarding the culinary arts (dessert tips, easy to make garnishes, meal ideas for that special occasion)? Send them to CS3 Anderson at anderson.ryan@cvn72.navy.mil and he will pick two or three questions each week to answer in his column.



Lincoln Pride

LINCOLN PRIDE



Lincoln Pride

24-7



Finishing Touches



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo by MCSN Brandon Wilson

"Gun Boss" Cmdr. Paul Erickson presents Aviation Ordnancemen 1st Class (AW/SW) Daniel Wilkersham from Weapons Department on USS Abraham Lincoln (CVN 72) the Military Outstanding Volunteer Service Medal and the Navy and Marine Corps Achievement Medal, Friday.

Editor's Top 10

Top 10 reasons why it's awesome to escort DV's

10. You can forge a useable connection for when you go back to the "real world."
9. You get to convince them the Navy is glamorous.
8. You get autographs if they happen to be actors or sports players or something cool.
7. If you're lucky, you get leftovers from Wardroom III.
6. You get to see them stump the XO with their questions.
5. You can tell them lots of good reasons why they should convince people to join the Navy to replace you when you get out.
4. Sometimes they bring you cookies.
3. Everyone else on the ship gets to wonder who you're with, thus making you almost a celebrity.
2. You feel like the smartest person on the ship when they ask you a question and you can answer it.
1. It gets you out of your office for the whole day.

	Channel 6	Channel 7	Channel 8
09:00	Cabin Fever (94 min)	Alpha Dog (118 min)	Who Framed Roger Rabbit? (103 min)
11:00	Black Christmas (97 min)	Snakes on a Plane (106 min)	The Hitchhiker's Guide to the Galaxy (103 min)
13:00	Wrong Turn (84 min)	Mr. and Mrs. Smith (120 min)	Serenity (119 min)
15:00	Slither (96 min)	Kung Fu Hustle (95 min)	Lemony Snicket: A Series of Unfortunate Events (113 min)
17:00	Turistas (95 min)	Crank (83 min)	The Brothers Grimm (106 min)
19:00	The Descent (99 min)	Smokin Aces (109 min)	Blades of Glory (93 min)
21:00	Cabin Fever (94 min)	Alpha Dog (118 min)	Who Framed Roger Rabbit? (103 min)
23:00	Black Christmas (97 min)	Snakes on a plane (106 min)	The Hitchhiker's Guide to the Galaxy (103 min)
01:00	Wrong Turn (84 min)	Mr. and Mrs. Smith (120 min)	Serenity (119 min)
03:00	Slither (96 min)	Crank (83 min)	Lemony Snicket: A Series of Unfortunate Events (113 min)
05:00	Turistas (95 min)	Smokin Aces (109 min)	The Brothers Grimm (106 min)
07:00	The Descent (99 min)	Alpha Dog (118 min)	Blades of Glory (93 min)

